

Age-Friendly San Mateo Cities and County



 **SAN MATEO COUNTY**
AGE-FRIENDLY COMMUNITIES



SAN MATEO COUNTY HEALTH
AGING & ADULT SERVICES

Center for Age-Friendly Excellence

Advancing, vibrant, healthy, inclusive communities for all, and...

...“Tap the potential that older people represent for humanity” - WHO



**World Health
Organization**



Center for Age-Friendly Excellence

Age-Friendly Network founded in 2005 and today there are over 1400 cities worldwide

Cities of Brisbane, East Palo Alto, and Atherton are next!

Eleven cities in SMC are now certified.



Center for Age-Friendly Excellence

What does it mean to be age-friendly?

“ Membership ... reflects cities’ commitment to listen to the needs of their ageing population, assess and monitor their age-friendliness and work collaboratively with older people and across sectors to create age-friendly physical and social environments.

Membership is also a commitment to share experience, achievements and lessons learnt with other cities and communities.”

~ World Health Organization

Center for Age-Friendly Excellence

10,000 US adults turn 65 daily and this will continue until 2029-2030

By 2050, at least 22% of the world's humans will be older persons and most will live within cities

Center for Age-Friendly Excellence

Eight Domains of Livability:

- Outdoor spaces and buildings
- Transportation
- Housing
- Social participation
- Respect and social inclusion
- Civic participation and employment
- Communication and information
- Community support/health service



Center for Age-Friendly Excellence

Town of Atherton

- Housing Element, alternate
 - Senior Housing
- Capital Projects
 - ECR/Selby Intersection Improvement Alternatives
- Neighborhood Traffic Management
- Bike Pedestrian Master Plan
 - Middlefield Bicycle Lane Improvement
- Community Resources
 - Crime Prevention, Emergency and Evaluation



Center for Age-Friendly Excellence

AF Process Model in San Mateo County

- ✓ County-wide core team
- ✓ Organize age-friendly taskforces in each city
- ✓ Community involvement and assessment
 - Focus groups
 - Existing quantitative data surveys
 - Develop project ideas to meet needs
- ✓ Mayor signs Letter of Support
- ✓ Submit application to AARP

Center for Age-Friendly Excellence

A simple five year commitment:

- ✓ Planning and AARP Application Submission (During Year 1)
- ✓ Action Plan (2 Years after certified)
- ✓ Implementation (Years 1-5)
- ✓ Evaluation (End of Year 5)
- ✓ Continual Improvement

Network membership

Cities who are age friendly certified commit to a cycle of continually assessing/improving their age-friendliness

Center for Age-Friendly Excellence

An Age-friendly city generates:

- ✓ Economic Benefits
- ✓ Social Capital
- ✓ Infrastructure Innovations
- ✓ Healthy Communities

Leadership, vision and courage in San Mateo County is exceptional. Excellent partners!

Center for Age-Friendly Excellence

Age-Friendly Summit
April 17th at 1:30 pm in Half Moon Bay

Opportunities to:

- ✓ Network and meet others
- ✓ Share successes and challenges
- ✓ Learn from each other
- ✓ Collaborate

Center for Age-Friendly Excellence

We respectfully request the support of the City:

- ✓ Publicize the age-friendly efforts
- ✓ Recommend members for the focus groups (diverse/inclusive in ethnicity/thought/culture)
- ✓ Once CAFE has completed our process, your city's and community's support and leadership is needed to move forward.

Can you commit to supporting this?

Center for Age-Friendly Excellence

An Age-friendly city is an inclusive and accessible urban/rural environment that promotes active aging

CAFE's (cfafe.org) mission is to advance transformational change to create vibrant, sustainable, supportive and inclusive communities for all generations

Thank you for joining us in creating community!



Center for Age-Friendly Excellence

Thank you

